

Would You Say “Yes” to Any of These Questions?

- Did you work before becoming ill?
- Do you miss your friends from work?
- Do you feel your life had more purpose when you were working?
- Do you want to return to work?
- Do you want to try a new job, perhaps something you always wanted to do?

Then consider using your state’s Rehabilitation Services office to help you.

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This brochure has been reviewed and approved by the NW8 Patient Advisory Committee.

To file a grievance please contact Network 8 at 877-936-9260, info@nw8.esrd.net, 775 Woodlands Pkwy, Suite 310, Ridgeland, Mississippi 39157, and www.esrdnetwork8.org.

How to apply for Rehabilitation Services

Contact the Social Worker at your
Dialysis Facility or Transplant Center
OR Call your local area office of
Rehabilitation Services:

ALABAMA 800-441-7607

Department of Rehabilitation Services
602 S. Lawrence Street
Montgomery, AL 36104
www.rehab.alabama.gov

MISSISSIPPI 800-443-1000

Department of Rehabilitation Services
1281 Highway 51
Madison, MS 39110
www.mdrs.ms.gov

TENNESSEE 615-313-4891

Vocational Rehabilitation Services
Citizens Plaza State Office Building
400 Deaderick Street, 12th Floor
Nashville, TN 37243-1403
<https://www.tn.gov/humanservices/ds/vocational-rehabilitation.html>



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REHABILITATION: Getting Back To Work!



Adjusting to Chronic Kidney Disease

When you first start a treatment for kidney failure, you may feel too sick to work or go to school. However, after you adjust to being on dialysis or having a transplant and feel better, you may find that you are ready to work or go to school.

There are many ways for you to stay active. You might decide to work full time or part time, go back to school for one class or several, work at home, volunteer for your church or community, or spend time with a hobby.

If you need to learn new skills to change jobs, there are organizations that can help you. One of the organizations that may be able to help you is Rehabilitation Services.

Rehabilitation Services

Rehabilitation can be thought of as a way for you to regain your strength, to relearn skills, to find new ways of doing things that you did before, or to restore your livelihood. Rehabilitation Services assists patients in meeting their goals of retraining for a new job, or returning to work. You may benefit from training or financial assistance for college or technical school.

The goal for Rehabilitation Services is to help people continue their education, keep their jobs or get new jobs. They can help you with job training, classes at community colleges, and job placement. The social worker at your facility can help you get in touch with Rehabilitation Services or other job counselors in your area.

You are eligible for Rehabilitation Services...

- ◆ If you are on dialysis
- ◆ If you can no longer perform your current job and need retraining
- ◆ If you have the potential to be successfully rehabilitated
- ◆ **If You Want to Work**

What Rehabilitation Services will need from you:

- ◆ Record of your work history
- ◆ Your Social Security card
- ◆ Health Insurance information (all your insurance cards)
- ◆ Names and addresses for each doctor you see
- ◆ History of your education
- ◆ Rehabilitation Goal (what kind of work or training you want)