



Zone Tool

Every Day:

- ✓ Take your antibiotics as directed.
- ✓ Take your pain medicine as directed.
- ✓ Take your blood thinners as directed.
- ✓ Take your blood pressure medicine as directed.
- ✓ Take your cholesterol medicine as directed.
- ✓ Monitor your surgery site daily.

How often?
Frequency

All Clear Zone..... This is the safety zone if you have:

- No fever, chills, or sweats
- No redness, swelling, or pain at the surgery site
- No nausea, vomiting, or diarrhea

Warning Zone..... Call your doctor if you have:

- Fever, chills, or sweats
- Redness, swelling, or pain at the surgery site
- Nausea, vomiting, or diarrhea
- Dizziness, lightheadedness, or fainting
- Confusion or changes in mental status
- Unusual bleeding or bruising

Medical Alert Zone Go to the Emergency Room or call 911 if you have:

- Severe pain
- Severe bleeding or bruising