

QUESTIONS TO GET YOU THINKING...

for staff use in care plan meetings or standups/huddles

<p>DON'T ASK: “Why is this resident a problem?”</p>	<p>INSTEAD ASK: “What do the behavioral symptoms mean - do they signify unmet needs- and how can we help?”</p>
<p><i>When a resident says, “I want to go home.”</i> DON'T SAY: This IS your home. You ARE home”</p>	<p>INSTEAD SAY: “Tell me about home.” “What do you miss about home?” “Who lives there?” “What does it look like?”</p>
<p>What would this resident have wanted to feel like before he/she developed dementia?</p>	
<p>What would this resident have wanted to look like and how they would want to appear to others before he/she developed dementia?</p>	
<p>If we felt _____ emotion (scared, angry, sad, etc.), what would a “normal” reaction be for us?</p>	
<p>Is this resident reacting normally given their current emotion? If so, then perhaps wise not to medicate, but investigate the cause of the emotion.</p>	
<p>How can we make this resident feel:</p>	
<p>Safe?</p>	
<p>Secure?</p>	
<p>Valued?</p>	
<p>Validated?</p>	
<p>What triggers seem to cause behaviors and what, if anything, can be done to eliminate these triggers?</p>	
<p>Add your own questions here</p>	

