

Alcohol Awareness



About 38 million adults in the US drink too much

Only 1 in 6 has talked about it with a health professional

Did you know that Medicare pays for an annual alcohol screening at no cost to you?



Alcohol use can lead to:

- The development of chronic diseases and other serious problems
- Feelings of depression
- Increase in falls
- A reduction in medication effectiveness

What is considered excessive drinking?



What is binge drinking?



If you are mixing alcohol with prescription medications, please talk to your primary care doctor about the short and long term health risks.

At your next visit, ASK your doctor for a FREE alcohol screening.