

## Appendix 1: Worksheet for Testing Change

**GOAL:** \_\_\_\_\_

**Practice:** \_\_\_\_\_

**Date:** \_\_\_\_\_

*Every goal will require multiple smaller tests of change*

**Plan**

	Describe your first (or next) test of change	Person Responsible	When to be done	Where to be done

	List the tasks needed to set up this test of change	Person Responsible	When to be done	Where to be done
	1. 2. 3. 4. 5.			

	Predict what will happen when the test is carried out	Measures to determine if prediction succeeds		
	1. 2. 3. 4.	1.	2.	3. 4.

**Do** Describe what actually happened when you ran the test of change

**Study** Describe the measured results and how they compare to the predicted results

**Act** Describe what changes to the plan will be made for the next cycle from what you learned

